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| **Grading Period** | **Unit Name** | **Estimated Time Frame\*** | **Start** | **End** |
| **Grading Period 1**  **8/24-10/16**  **(37 days)** | Safety, Rules, and Procedures | 7 days | 8/24 | 9/2 |
| Spatial and Body Management | 20 days | 9/3 | 10/2 |
| Locomotor Movement | 10 days | 10/5 | 10/16 |
| **Grading Period 2**  **10/19-12/18**  **(40 days)** | Chasing, Fleeing, and Dodging | 10 days | 10/19 | 10/30 |
| Jumping and Landing | 10 days | 11/2 | 11/13 |
| Throwing and Catching, Striking and Volleying | 10 days | 11/16 | 12/4 |
| Dribbling and Passing | 10 days | 12/7 | 12/18 |
| **Grading Period 3**  **1/5-3/11**  **(47 days)** | Kicking and Punting | 11 days | 1/5 | 1/20 |
| Educational Dance and Rhythm | 12 days | 1/21 | 2/5 |
| Fitness Concepts and Healthy Choices | 12 days | 2/8 | 2/24 |
| Body Composition and Fitness Assessment | 12 days | 2/25 | 3/11 |
| **Grading**  **Period 4**  **3/21-6/2**  **(51 days)** | Cooperative Games and Strategies | 27 days | 3/21 | 4/28 |
| Outdoor Recreation/Recreational Activities | 24 days | 4/29 | 6/2 |

\*Per class size, equipment availability, and schedule